



INUS ANNUAL CONGRESS YOGJAKARTA

22-24 January 2026

in collaboration with the Indonesian Urological Association
and Indonesian Continence Society

PRELIMINARY PROGRAM

30.09.2025

Who are we? The International Neuro-Urology Society (INUS)

The International Neuro-Urology Society (INUS) is a non-profit medical and scientific association founded in 2015 by leading experts in Zurich and based in Switzerland. Dedicated exclusively to neuro-urology, INUS works to raise awareness of this important field and to improve care for patients worldwide.

Its mission rests on three pillars: **education** through courses, workshops, and webinars; **research** fostering innovation and evidence-based practice; and **networking**, connecting professionals across disciplines and continents.

All healthcare professionals and researchers who deal with neuro-urological patients or research projects are eligible and welcome to apply for membership. For those under the age of 36, registration as Junior Member is free.

If you are interested in becoming a member of the INUS or establish a partnership, please visit our society's homepage www.neuro-uro.org



[Join now](http://www.neuro-uro.org)

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FACULTY OVERVIEW

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Marcio Averbeck (BR)	Andrei Krassioukov (CA)	Sanjay Sinha (IN)
Paholo Barboglio Romo (US)	Jan Krhut (CZ)	Sonthidetch Sivilaikul (TH)
Lori Birdier (US)	Jason Lazar (US)	Alexander Stillebroer (NL)
Veronika Birkhäuser (CH)	Limin Liao (CN)	Jon Stone (DK)
Bertil Blok (NL)	Martina Liechti (CH)	José Carlos Truzzi (BR)
Emmanuel Braschi (AR)	Helmut Madersbacher (AT)	Vincent Tse (AU)
Gergely David (CH)	Ulrich Mehnert (CH)	Gommert van Koeveringe (NL)
Mathijs de Rijk (NL)	Mehri Mehrad (IR)	Sandip Vasavada (US)
Daniel Engeler (CH)	Katia Monastyrskaya (CH)	Pawan Vasudeva (IN)
Julia Engkasan (MY)	Jorge Moreno-Palacios (MX)	Desiree Vrijens (NL)
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Oliver Gross (CH)	Stefania Musco (IT)	Fina Widia (ID)
Claire Hentzen (FR)	Helen O'Connell (AU)	Zola Wijayanti (ID)
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Muhammad Anwar Irzan (ID)	Jalesh Panicker (UK)	Blayne Welk (CA)
Anthony Kanai (US)	Harrina Rahardjo (ID)	Bart Witte (NL)
Thomas Kessler (CH)	Cristian Sager (AR)	Said Yaiesh (KW)
Ruth Kirschner-Hermanns (DE)	Kadek Budi Santosa (ID)	Jin Yong (SG)
Takeya Kitta (JP)	Andrea Sartori (US)	

PROGRAM OVERVIEW

Thursday January 22nd 2026

8:00 - 12:00	INUS Board Meeting (Board members only)
12:00 - 13:00	Lunch
13:00 - 17:00	Workshop: All you need to know about neuro-urology - an interactive discussion for early career professionals
13:00 - 17:00	Workshop: Innovations from the Lab
13:00 - 17:00	Workshop: Neuromodulation
13:00 - 17:00	Workshop: Catheters and UTI prevention: different regions, different techniques
17:00 - 19:00	Guidelines Working Group (invitation only)

PROGRAM OVERVIEW

Friday January 23rd 2026

8:00 - 12:00	Workshop: Advanced Urodynamics
8:00 - 12:00	Workshop: Neuro-urology for nurses
8:00 - 12:00	Workshop: Neuroscience
8:00 - 12:00	Workshop: Spinal cord injury
12:00 - 13:00	Lunch
13:00 - 15:20	Plenary Sessions (1)
15:20 - 15:40	Break
15:40 - 17:20	Plenary Sessions (2)
17:20 - 18:40	Poster Sessions
18:50 - 20:10	General Assembly (INUS members only)

PROGRAM OVERVIEW

Saturday January 24th 2026

8:00 - 9:30	Plenary Sessions (3)
9:30 - 10:20	Break
10:20 - 12:20	Plenary Sessions (4)
12:20 - 13:20	Lunch
13:20 - 15:20	The Future in Neuro-Urology: Young Talents Competition
15:20 - 15:50	Break
15:50 - 17:30	Plenary Sessions (5)
20:00	Annual Dinner

Workshop: All you need to know about neuro-urology - an interactive discussion for early career professionals

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: S. Sinha, H. Rahardjo

Faculty: P. Barboglio Romo, P. Vasudeva, Z. Wijayanti, J. Yong, H. Madersbacher (video)

Objectives:

- Provide an overview of neuro-urological anatomy, physiology and pathophysiology
- Highlight evidence-based algorithms for assessment and longitudinal follow-up.
- Discuss first-line and advanced management strategies (behavioral, pharmacologic, surgical).
- Offer career tips, research opportunities and global perspectives for trainees entering the field.

Program:

13:00 – 13:05	Welcome & ice-breaker	S. Sinha & H. Rahardjo
Part I - Foundations		
13:05 – 13:30	Neuro-urological anatomy and spinal pathways	H. Madersbacher (vid)
13:30 – 13:55	Structured clinical evaluation & bedside urodynamics pearls	J. Yong
13:55 – 14:20	Imaging & electrophysiology/EMG, risk stratification: when and how?	P. Barboglio Romo
14:20 – 14:50	Interactive case vignette #1 (SCI with autonomic dysreflexia)	Panel
14:50 – 15:20	Tea break & mentee-mentor networking	
Part II - Management toolbox		
15:20 – 15:45	Pharmacotherapy update: antimuscarinics, β 3-agonists, chemodenervation	P. Vasudeva
15:45 – 16:10	Reconstructive & device-based options	Z. Wijayanti
16:10 – 16:35	Multidisciplinary follow-up across the lifespan	H. Rahardjo
16:35 – 16:55	Interactive case vignette #2 (MS with sexual & bowel issues)	Panel
16:35 – 16:55	Take-home messages & closing	S. Sinha

Workshop: Innovations from the Lab

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: A. Sartori & K. Mstyrskaya

Faculty: L. Birder, A. Kanai, J. Lazar, H. Verstegen, G. van Koeveringe

Objectives:

- Showcase translational models that bridge basic science and clinical neuro-urology.
- Present novel molecular and bioengineering approaches to bladder and sphincter dysfunction.
- Discuss cutting-edge neuromodulation targets emerging from pre-clinical research.
- Foster collaborations between bench scientists and clinician-investigators.

Program:

13:00 – 13:05	Welcome	A. Sartori & K. Mstyrskaya
Bench-to-Bedside Spotlight Talks		
13:05 – 13:35	Oxidative stress and the lower urinary tract	L. Birder
13:35 – 14:05	Nitric oxide signaling in lower urinary tract function	A. Kanai
14:05 – 14:35	Brainstem circuits and lower urinary tract function	H. Verstegen
14:35 – 15:05	TNF-alpha-induced bladder dysfunction	K. Monastyrskaya
15:05 – 15:35	Tea break & poster micro-session	
Interactive Round-Table		
15:35 – 16:05	Ambulatory blood pressure and nocturia	J. Lazar
16:05 – 16:35	Female urethral closure physiology and pathophysiology	G. van Koeveeringe
16:35 – 16:45	Transcutaneous tibial stimulation in rodent models	A. Sartori
16:45 – 16:50	Closing	A. Sartori

Workshop: Neuromodulation

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: M. Averbek & H. Goldman

Faculty: D. Engeler, O. Gross, J. Krhut, M. Liechti, K. Önem, A. Stillebroer, B. Witte

Objectives:

- Update participants on mechanisms, patient selection and outcomes for invasive and non-invasive neuromodulation.
- Provide hands-on training in optimal lead/needle placement and programming.
- Review troubleshooting and long-term follow-up protocols for neuro-urological patients.

Program:

13:00 – 13:10	Welcome & learning goals	M. Averbeck & H. Goldman
Concepts & Evidence		
13:10 – 13:30	From gate theory to closed-loop systems	H. Goldman
13:30 – 13:50	Sacral neuromodulation in complex NLUTD	J. Krhut
13:50 – 14:10	PTNS, TTNS & beyond: non-invasive options	B. Witte
14:10 – 14:30	Emerging brain targets & deep stimulation	M. Liechti
14:30 – 15:00	Tea break & device demos	
Hands-On Rotations		
15:00 – 16:45	• Lead placement on pelvic models (SNM) — H. Goldman, A. Stillebroer, O. Gross • Surface/needle electrode placement (PTNS/TTNS) — K. Önem • Programming & troubleshooting scenarios — D. Engeler	
16:45 – 16:55	Case “what went wrong?” interactive poll	Faculty
16:55 – 17:00	Key take-aways	M. Averbeck

Workshop: Catheters and UTI prevention: different regions, different techniques

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: D. Vrijens & M. Irzan

Faculty: B. Blok, J. Engkasan, S. Kotes, L. Liao, M. Mehrad, S. Truzzi, R. Wirawan

Objectives:

- Compare regional catheterization practices (Europe/Americas, Middle-East, Asia-Pacific).
- Review evidence for hydrophilic, intermittent, reusable and coated devices.
- Summarize current and emerging prophylactic strategies against CAUTI.
- Debate sustainability, cost and patient-centered outcomes.

Program:

13:00 – 13:05	Welcome	D. Vrijens & M. Irzan
Global Landscape		
13:05 – 13:25	Intermittent vs indwelling: European viewpoint	B. Blok
13:25 – 13:45	Reuse dilemmas	M. Irzan
13:45 – 14:05	Southeast Asian strategies for SCI patients	J. Engkasan
14:05 – 14:25	Catheter material science & biofilm barriers	M. Mehrad
14:25 – 14:55	Tea break + product showcase	
Prevention Focus		
14:55 – 15:00	Case presentation CAUTI	M. Irzan
15:00 - 15:15	Oral & intravesical prophylaxis: what works?	S. Truzzi
15:15 - 15:30	Case presentation stone formation and prevention of stones	S. Kotes
15:30 – 15:45	Day-to-day catheter care: Indonesian best practice	R. Wirawan
15:45 – 16:00	Sensor-enabled smart catheters	L. Liao
16:00 – 16:40	Panel/round-table: balancing cost, environment & outcomes	All faculty
16:40 – 17:00	Interactive audience polling & consensus points	D. Vrijens

Guidelines Working Group (invitation only)

Thursday January 22nd 2026, 17:00 - 19:00, Room TBA

Chairpersons: G. Werneburg & B. Welk

Faculty: M. Aeverbeck, B. Blok, E. Braschi, H. Goldman, O. Gross, T. Kessler, R. Kirschner-Hermanns, L. Liao, U. Mehnert, G. Mosiello, S. Musco, K. Önem, J. Panicker, C. Sager, S. Sinha, P. Vasudeva

Objectives:

- Advance the creation of a neuro-urology guidance gaps document.
- Define methodology, writing assignments and timelines for 2026 deliverables.
- Prioritise research questions for coordinated multicentre studies.

Program:

17:00 - 17:05	Welcome & recap of 2025 outputs (Werneburg/Welk)
17:05 - 17:35	Discuss final methodology (Werneburg/Welk)
17:35 - 18:35	Mapping gaps – review of final statements and discussion (Presentation then discussion moderated by Werneburg/Welk)
18:35 - 18:55	Research agenda (Discussion moderated by Werneburg/Welk)
18:55 - 19:00	Next milestones & closing (Werneburg/Welk)

Workshop: Advanced Urodynamics

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: S. Musco & O. Gross

Faculty: J. Krhut, R. Kirschner-Hermanns, L. Liao

Objectives:

- Deepen understanding of complex artefacts and video-urodynamic correlation.
- Incorporate adaptations for specific populations into testing protocols.
- Integrate ambulatory and telemetric systems into clinical decision-making.

Program:

8:00 - 8:05	Welcome	S. Musco & O. Gross
08:05 – 08:25	Standards and Terminology	S. Musco
08:25 - 08:45	Pressure artefacts & signal filtering	R. Kirschner-Hermanns
08:45 – 09:05	Video-urodynamics: interpretation	L. Liao
09:05 – 09:25	Ambulatory & wireless urodynamics	J. Krhut
09:25 – 10:00	Coffee break	
10:00 – 10:20	Pitfalls in curve interpretation	O. Gross
10:20 – 11:45	Hands-on cases: delegates rotate through 3 stations (artefact ID, system and equipment)	All faculty
11:45 – 12:00	Wrap-up & Q&A	S. Muscro & O. Gross

Workshop: Neuroscience

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: J. Panicker & T. Kitta

Faculty: B. Blok, G. David, M. de Rijk, C. Hentzen, M. Liechti

Objectives:

- Dissect sensory and motor neural circuits relevant to continence and micturition.
- Explain neuroplastic changes after peripheral or central injury and their clinical implications.
- Explore neuromodulation-induced brain changes as biomarkers of response.

Program:

8:00 - 8:05	Welcome	J. Panicker & T. Kitta
08:05 – 08:35	Neuromodulation and brain response	B. Blok
08:35 – 09:05	Neuroplasticity after SCI & stroke – integration of imaging and histopathology	G. David
09:05 – 09:35	Functional neuroimaging related to bladder sensation	M. de Rijk
09:35 – 10:05	Coffee break	
10:05 – 10:35	Neurocognitive aspects of LUTD	C. Hentzen
10:35 – 11:05	Central effects of sacral neuromodulation	M. Liechti
11:05 – 11:55	Interactive debate: future neuro-targets & trial design	All faculty
11:55 – 12:00	Closing remarks	J. Panicker & T. Kitta

Workshop: Spinal cord injury

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: F. Widia & J. Moreno

Faculty: E. Braschi, Setiono, G. Werneburg, R. Wirawan,

Objectives:

- Provide a multidisciplinary update on acute-to-chronic bladder care in SCI.
- Address surgical reconstruction, autonomic dysreflexia and urological surveillance.
- Discuss rehabilitation pathways and patient-reported outcomes.

Program:

8:00 - 8:05	Welcome	F. Widia
08:05 – 08:30	Early bladder management post-injury	R. Wirawan
08:30 – 08:55	Surgical reconstruction options	E. Braschi
08:55 – 09:20	Managing autonomic dysreflexia	J. Moreno
09:20 – 09:45	Local Indonesian rehabilitation model	S. Setiono
09:45 – 10:15	Coffee break	
10:15 – 10:40	Surveillance imaging & upper tract protection	G. Werneburg
10:40 – 11:30	Case-based breakout groups (traumatic vs non-traumatic SCI)	All faculty
11:30 – 12:00	Closing	All

Workshop: Neuro-urology for nurses

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: Part 1: K. Önem, A. Afriansyah, M. Mehrad
Part 2: P. Seiler, P. Vasudeva, S. Sivilaiku

Faculty: A. Afriansyah, M. Mehrad, K. Önem, P. Seiler, S. Sivilaikul, P. Vasudeva

Objectives:

- **Characteristic patterns** of detrusor and sphincter dysfunction in cerebral, spinal and peripheral nerve lesions.
- **Urinary tract infections** – the most frequent complication with neurogenic urinary tract dysfunction: reasons and management, antibiotics only?
- **Catheterization**, with a special lecture on indwelling catheterization and two lectures on intermittent catheterization (European techniques and Indonesian technique)
- **Hands-On-Training** which will give you the opportunity to train the techniques
- **Neurogenic sexual dysfunction in women**, an important and often ignored aspect of neurogenic lesions.

Program:

Part 1	08:00 - 08:05	Welcome and introduction	K. Önem
	08:05 - 08:35	Characteristic patterns of neurogenic detrusor and sphincter dysfunction in patients with cerebral, spinal cord and peripheral nerve lesions	A. Afriansyah
	08:35 - 09:05	Urinary tract infections – the most frequent complications in neurogenic lower urinary tract dysfunction – management: antibiotics only?	P. Vasudeva
	09:05 - 09:25	Discussion	
	09:25 – 09:50	Coffee break & skill-station setup	
Part 2	09:50 - 10:10	Indwelling catheterization– advantages and disadvantages	S. Sivilaikul
	10:10 - 10:25	Intermittent catheterization: from the European point of view	P. Seiler
	10:25 - 10:40	Intermittent catheterization: from the Indonesian point of view	A. Afriansyah
	10:40 - 11:40	Hands-On-Training	All faculty
	11:40 - 11:55	Neurogenic sexual dysfunction in women – a topic often ignored	S. Sivilaikul
	11:55 - 12:00	Discussion	

MAIN PROGRAM FRIDAY

Friday January 23rd 2026, 12:00 - 20:10, Main Lecture Hall

12:00 - 13:00	Lunch	
13:00 - 13:10	Welcome speech	T. Kessler
13:10 - 13:20	Past, present, and future of neuro-urology	H. Madersbacher (virtual)
13:20 - 14:50	Panel Discussion: Neuro-Urology: A global perspective on access and outcomes Moderator: B. Welk	M. Averbek R. Kirschner-Hermanns L. Liao G. Mosiello Z. Wijiyanti S. Yaiesh
14:50 - 15:10	Upper tract risk stratification: a practical approach	P. Barboglio Romo
15:10 - 15:20	Considerations and management approaches for the devastated urethra	S. Vasavada
15:20 - 15:40	Break	

Friday January 23rd 2026, 12:00 - 20:10, Main Lecture Hall

15:40 - 16:10	Panel Discussion: Robotics in Neuro-Urology Moderator: H. Goldman	D. Engeler A. Stillebroer V. Tse
16:10 - 16:20	Artificial intelligence in functional and neuro-urology	G. Werneburg
16:20 - 16:50	Hot Air Balloon Debate: When should urodynamics studies be performed following spinal cord injury? Moderator: C. Konstantinidis	P. Barboglio Romo E. Braschi O. Gross J. Moreno
16:50 - 17:05	How to manage sexual dysfunction: Tips & tricks	V. Birkhäuser
17:05 - 17:20	TAU lecture: Hormones and fertility	A. Kadioglu
17:20 - 18:40	Poster Sessions	
18:50 - 20:10	General Assembly (members only)	

Friday January 23rd 2026, 17:20 - 18:40, Room TBA

Chairpersons: G. David, A. Kanai , U. Mehnert, Rahardjo

Faculty: C. Anderson, V. Birkhäuser, M. de Rijk, J. Engkasan, T. Kitta, C. Sager, K. Santosa, S. Sivilaikul, Z. Wijayanti, S. Yaiesh

Showcase your groundbreaking research. Submit your original abstracts by **September 30th 2025**. Embrace the opportunity to present to a diverse audience and network with experts in neuro-urology. Fill in the **Online Abstract Submission Form** to be part of a vibrant exchange of ideas.

All abstracts must be submitted in English and comprise about 350 words. Please be aware that posters can only be presented in person during the INUS 2026 poster session in Yogyakarta (Indonesia) on January 22-24th 2026. There is no possibility to present online or in a hybrid format. We are looking forward to your contributions.



Saturday January 24th 2026, 08:00 - 17:30, Main Lecture Hall

8:00 - 9:00	Panel discussion: Pediatric neuro-urology: A) Challenging cases in pediatric neuro-urology B) Transitional care: How to optimize the Handoff from the pediatric to adult neuro-urological clinic Moderator: C. Sager	G. Mosiello S. Kotes S. Yaiesh B. Witte
9:00 - 9:15	Lower urinary tract function and aging	L. Birder
9:15 - 9:30	Advancing Understanding of Female Pelvic Anatomy: Implications for Neuro-Urological Practice	H. O'Connell
9:30 - 10:20	Break	
10:20 - 10:50	Panel discussion: Red flags in neuro-urology & when to suspect a neurological cause of LUTD Moderator: D. Vrijens	C. Konstantinidis L. Liao P. Vasudeva

Saturday January 24th 2026, 08:00 - 17:30, Main Lecture Hall

10:50 - 11:20	Hot Air Ballon Debate: Clinical Conundrum in Neuro-Urology Moderator: J. Panicker	H. Goldman S. Musco K. Önem
11:20 - 11:50	Interdisciplinary considerations: neuro-uro-cardiovascular axis and autonomic dysreflexia	A. Krassioukov J. Lazar
11:50 - 12:05	Interdisciplinary considerations: neuro-uro-psychiatric axis	J. Stone
12:05 - 12:20	ICS Lecture: Drug side effects on lower urinary tract, sexual and bowel function	S. Sinha
12:20 - 13:20	Lunch	
13:20 - 15:20	The Future in Neuro-Urology: Young Talents Competition	U. Mehnert
15:20 - 15:50	Break	

Saturday January 24th 2026, 08:00 - 17:30, Main Lecture Hall

15:50 - 16:05	SBU Lecture: Bowel management	M. Averbeck
16:05 - 15:20	AAU Lecture: Stone management	M. Mehrad
16:20 - 16:50	Panel Discussion: Artificial urinary sphincter in the neuro-urological population - special considerations, technique and outcomes Moderator: B. Welk	R. Kirschner-Hermanns L. Liao C. Sager J. Truzzi G. van Koeveringe P. Vasudeva
16:50 - 17:00	Neurophysiological conditions and lower urinary tract symptoms	C. Hentzen
17:00 - 17:20	Neural control of the lower urinary tract: how physiological insights are driving innovation	B. Blok

MAIN PROGRAM SATURDAY

Saturday January 24th 2026, 08:00 - 17:30, Main Lecture Hall

17:20 - 17:50	Panel: nightmares in neuro-urolgy Moderator: S. Musco	P. Barboglio Romo M. Mehrad V. Tse S. Vasavada
17:50 - 18:00	Closing speech	T. Kessler

International Participants

Type	Early Bird*	Regular	Onsite
Full Meeting	€ 550	€ 650	€ 700
INUS Members	€ 440	€ 520	€ 560
Nurses & Physiotherapists	€ 250	€ 300	€400
Residents & PhD Students	€ 300	€ 400	€ 450
Nurse Workshop Only	€ 120	€ 150	€ 190
Company Representatives*	€ 550	€ 650	€ 700
Workshop participation fee	€ 120	€ 150	€ 190



**Register
now**

The registration fees include access to the congress main program, refreshments and lunches. Hands-on workshops can be booked separately with a valid congress registration. Please be aware that workshop seats are limited. *Early Bird rates are applicable until September 30th 2025 (MET).

Local Participants

In cooperation with our local partner societies - the Indonesian Urological Association and the Indonesian Continence Society - we offer special registrations rates for Indonesian healthcare professionals. Please contact Rosa Mandasari, MD by e-mail (id.inus2026@gmail.com) or phone (+6282225312527) to register now.

Type	Symposium only	Symposium + Workshop(s)
Specialist	IDR 2.000.000	IDR 5.000.000
Resident / GP	IDR 500.000	IDR 1.000.000
Nurses & Physiotherapists	IDR 500.000	IDR 1.000.000

The registration fees include access to the congress main program, refreshments and lunches. Hands-on workshops can be booked seperately with a valid congress registration. Please be aware that workshop seats are limited.



Royal Ambarrukmo Hotel

Jalan Laksda Adisucipto no. 81
Yogyakarta 55281 – Indonesia

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