



INUS ANNUAL CONGRESS YOGJAKARTA

22-24 January 2026



in collaboration with the Indonesian Urological Association
and Indonesian Continence Society

PRELIMINARY PROGRAM

28.11.2025

Who are we? The International Neuro-Urology Society (INUS)

The International Neuro-Urology Society (INUS) is a non-profit medical and scientific association founded in 2015 by leading experts in Zurich and based in Switzerland. Dedicated exclusively to neuro-urology, INUS works to raise awareness of this important field and to improve care for patients worldwide.

Its mission rests on three pillars: **education** through courses, workshops, and webinars; **research** fostering innovation and evidence-based practice; and **networking**, connecting professionals across disciplines and continents.

All healthcare professionals and researchers who deal with neuro-urological patients or research projects are eligible and welcome to apply for membership. For those under the age of 36, registration as Junior Member is free.

If you are interested in becoming a member of the INUS or establish a partnership, please visit our society's homepage www.neuro-uro.org



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FACULTY OVERVIEW

Andika Afriansyah (ID)	Charalampos Konstantinidis (GR)	Andrea Sartori (US)
Khaled Al-Kohlany (YE)	Stephanie Kotes (NZ)	Patrizia Seiler (CH)
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Veronika Birkhäuser (CH)	Limin Liao (CN)	Alexander Stillebroer (NL)
Bertil Blok (NL)	Martina Liechti (CH)	Jon Stone (DK)
Emmanuel Braschi (AR)	Helmut Madersbacher (AT)	José Carlos Truzzi (BR)
Gergely David (CH)	Ulrich Mehnert (CH)	Vincent Tse (AU)
Mathijs de Rijk (NL)	Mehri Mehrad (IR)	Gommert van Koeveringe (NL)
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Claire Hentzen (FR)	Immer Noyola (MX)	Fina Widia (ID)
Muhammad Anwar Irzan (ID)	Helen O'Connell (AU)	Zola Wijayanti (ID)
Anthony Kanai (US)	Kadir Önem (TR)	Rosiana Pradanasari Wirawan (ID)
Thomas Kessler (CH)	Jalesh Panicker (UK)	Bart Witte (NL)
Ruth Kirschner-Hermanns (DE)	Harrina Rahardjo (ID)	Said Yaiesh (KW)
Takeya Kitta (JP)	Cristian Sager (AR)	Jin Yong (SG)
	Kadek Budi Santosa (ID)	

PROGRAM OVERVIEW

Thursday January 22nd 2026

8:00 - 12:00	INUS Board Meeting (Board members only)
12:00 - 13:00	Lunch
13:00 - 17:00	Workshop: All you need to know about neuro-urology - an interactive discussion for early career professionals
13:00 - 17:00	Workshop: Innovations from the Lab
13:00 - 17:00	Workshop: Neuromodulation
13:00 - 17:00	Workshop: Catheters and UTI prevention: different regions, different techniques
17:00 - 19:00	Guidelines Working Group (invitation only)

PROGRAM OVERVIEW

Friday January 23rd 2026

8:00 - 12:00	Workshop: Advanced Urodynamics
8:00 - 12:00	Workshop: Neuro-urology for nurses
8:00 - 12:00	Workshop: Neuroscience
8:00 - 12:00	Workshop: Spinal cord injury
12:00 - 13:00	Lunch
13:00 - 14:20	Plenary Sessions (1)
14:20 - 14:40	Break
14:40 - 16:25	Plenary Sessions (2)
16:25 - 18:00	Poster Sessions
18:15 - 20:00	General Assembly (INUS members only)

PROGRAM OVERVIEW

Saturday January 24th 2026

8:00 - 9:30	Plenary Sessions (3)
9:30 - 10:00	Break
10:00 - 12:00	Plenary Sessions (4)
12:00 - 13:20	Lunch
13:20 - 15:20	The Future in Neuro-Urology: Young Talents Competition
15:20 - 15:50	Break
15:50 - 18:00	Plenary Sessions (5)
20:00	Annual Dinner



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Workshop: All you need to know about neuro-urology - an interactive discussion for early career professionals

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: S. Sinha, H. Rahardjo

Faculty: P. Barboglio Romo, P. Vasudeva, Z. Wijayanti, J. Yong, H. Madersbacher (video)

Objectives:

- Provide an overview of neuro-urological anatomy, physiology and pathophysiology
- Highlight evidence-based algorithms for assessment and longitudinal follow-up.
- Discuss first-line and advanced management strategies (behavioral, pharmacologic, surgical).
- Offer career tips, research opportunities and global perspectives for trainees entering the field.

Program:

13:00 – 13:05	Welcome & ice-breaker	S. Sinha & H. Rahardjo
Part I - Foundations		
13:05 – 13:30	Neuro-urological anatomy and spinal pathways	H. Madersbacher (vid)
13:30 – 13:55	Structured clinical evaluation & bedside urodynamics pearls	J. Yong
13:55 – 14:20	Imaging & electrophysiology/EMG, risk stratification: when and how?	P. Barboglio Romo
14:20 – 14:50	Interactive case vignette #1 (SCI with autonomic dysreflexia)	Panel
14:50 – 15:20	Tea break & mentee-mentor networking	
Part II - Management toolbox		
15:20 – 15:45	Pharmacotherapy update: antimuscarinics, β 3-agonists, chemodenervation	P. Vasudeva
15:45 – 16:10	Reconstructive & device-based options	Z. Wijayanti
16:10 – 16:35	Multidisciplinary follow-up across the lifespan	H. Rahardjo
16:35 – 16:55	Interactive case vignette #2 (MS with sexual & bowel issues)	Panel
16:35 – 16:55	Take-home messages & closing	S. Sinha

Workshop: Innovations from the Lab

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: A. Sartori & K. Mstyrskaya

Faculty: L. Birder, A. Kanai, J. Lazar, G. van Koeveringe

Objectives:

- Showcase translational models that bridge basic science and clinical neuro-urology.
- Present novel molecular and bioengineering approaches to bladder and sphincter dysfunction.
- Discuss cutting-edge neuromodulation targets emerging from pre-clinical research.
- Foster collaborations between bench scientists and clinician-investigators.

Program:

13:00 – 13:05	Welcome	A. Sartori & K. Monastyrskaya
Bench-to-Bedside Spotlight Talks		
13:05 – 13:35	Is there a role for mitochondrial dysfunction in LUTS?	L. Birder
13:35 – 14:05	Nitric oxide signaling in lower urinary tract function	A. Kanai
14:05 – 14:35	Brainstem circuits and lower urinary tract function	TBA
14:35 – 15:05	TNF-alpha-induced bladder dysfunction	K. Monastyrskaya
15:05 – 15:35	Tea break & poster micro-session	
Interactive Round-Table		
15:35 – 16:05	Ambulatory blood pressure and nocturia	J. Lazar
16:05 – 16:35	Female urethral closure physiology and pathophysiology	G. van Koeveeringe
16:35 – 16:45	Transcutaneous tibial stimulation in rodent models	A. Sartori
16:45 – 16:50	Closing	A. Sartori

Workshop: Therapeutic challenges in Neuro-Urology

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: E. Braschi & K. Önem

Faculty: D. Engeler, O. Gross, J. Krhut, M. Liechti, A. Stillebroer, B. Witte

Objectives:

- Update participants on mechanisms, patient selection and outcomes for advanced therapies for urgency incontinence, nonobstructive urinary retention, and neurogenic lower urinary tract dysfunction
- Review device troubleshooting and long-term follow-up protocols for neuro-urological patients.
- Review technique of commonly used modalities for the treatment of neurogenic detrusor overactivity and neurogenic lower urinary tract dysfunction

Program:

13:00 – 13:10	Welcome & learning goals	E. Braschi & K. Önem
13:10 – 13:30	Advanced therapies for neuro-urological conditions: overview	E. Braschi
13:30 – 13:50	Mechanisms of action	A. Stillebroer
13:50 – 14:10	Patient selection and choice of therapy	J. Krhut
14:10 – 14:30	PTNS, TTNS & beyond: non-invasive options	B. Witte
14:30 – 15:00	Emerging brain targets & deep stimulation	M. Liechti
15:00 - 15:30	Neuromodulation device troubleshooting	E. Braschi K. Önem
15:30 - 16:00	Botulinum toxin: technique and considerations	O. Gross
16:00 - 16:20	Therapeutic strategies for chronic pelvic pain	D. Engeler
16:20 – 16:55	Case discussion: “what went wrong?”	E. Braschi
16:55 – 17:00	Key take-aways	M. Aeverbeck

Workshop: Catheters and UTI prevention: different regions, different techniques

Thursday January 22nd 2026, 13:00 - 17:00, Room TBA

Chairpersons: D. Vrijens & M. Irzan

Faculty: B. Blok, J. Engkasan, S. Kotes, L. Liao, M. Mehrad, S. Truzzi, R. Wirawan

Objectives:

- Compare regional catheterization practices (Europe/Americas, Middle-East, Asia-Pacific).
- Review evidence for hydrophilic, intermittent, reusable and coated devices.
- Summarize current and emerging prophylactic strategies against CAUTI.
- Debate sustainability, cost and patient-centered outcomes.

Program:

13:00 – 13:05	Welcome	D. Vrijens & M. Irzan
Global Landscape		
13:05 – 13:25	Intermittent vs indwelling: European viewpoint	B. Blok
13:25 – 13:45	Reuse dilemmas	M. Irzan
13:45 – 14:05	Southeast Asian strategies for SCI patients	J. Engkasan
14:05 – 14:25	Catheter material science & biofilm barriers	M. Mehrad
14:25 – 14:55	Tea break + product showcase	
Prevention Focus		
14:55 – 15:00	Case presentation CAUTI	M. Irzan
15:00 - 15:15	Oral & intravesical prophylaxis: what works?	S. Truzzi
15:15 - 15:30	Case presentation stone formation and prevention of stones	S. Kotes
15:30 – 15:45	Day-to-day catheter care: Indonesian best practice	R. Wirawan
15:45 – 16:00	Sensor-enabled smart catheters	L. Liao
16:00 – 16:40	Panel/round-table: balancing cost, environment & outcomes	All faculty
16:40 – 17:00	Interactive audience polling & consensus points	D. Vrijens

Guidelines Working Group (invitation only)

Thursday January 22nd 2026, 17:00 - 19:00, Room TBA

Chairpersons: G. Werneburg

Faculty: B. Blok, E. Braschi, O. Gross, T. Kessler, R. Kirschner-Hermanns, L. Liao, U. Mehnert, G. Mosiello, S. Musco, K. Önem, J. Panicker, C. Sager, S. Sinha, P. Vasudeva

Objectives:

- Advance the creation of a neuro-urology guidance gaps document.
- Define methodology, writing assignments and timelines for 2026 deliverables.
- Prioritise research questions for coordinated multicentre studies.

Program:

17:00 - 17:05	Welcome & recap of 2025 outputs (Werneburg)
17:05 - 17:35	Discuss final methodology (Werneburg)
17:35 - 18:35	Mapping gaps – review of final statements and discussion (Presentation then discussion moderated by Werneburg)
18:35 - 18:55	Research agenda (Discussion moderated by Werneburg)
18:55 - 19:00	Next milestones & closing (Werneburg)

Workshop: Advanced Urodynamics

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: S. Musco & O. Gross

Faculty: J. Krhut, R. Kirschner-Hermanns, L. Liao

Objectives:

- Deepen understanding of complex artefacts and video-urodynamic correlation.
- Incorporate adaptations for specific populations into testing protocols.
- Integrate ambulatory and telemetric systems into clinical decision-making.

Program:

8:00 - 8:05	Welcome	S. Musco & O. Gross
08:05 – 08:25	Standards and Terminology	S. Musco
08:25 - 08:45	Pressure artefacts	R. Kirschner-Hermanns
08:45 – 09:05	Video-urodynamics: interpretation	L. Liao
09:05 – 09:25	Ambulatory & wireless urodynamics	J. Krhut
09:25 – 10:00	Coffee break	
10:00 – 10:20	Pitfalls in curve interpretation	O. Gross
10:20 – 11:45	Hands-on cases: delegates rotate through 3 stations (artefact ID, system and equipment)	All faculty
11:45 – 12:00	Wrap-up & Q&A	S. Muscro & O. Gross

Workshop: Neuroscience

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: J. Panicker & T. Kitta

Faculty: B. Blok, G. David, M. de Rijk, C. Hentzen, M. Liechti

Objectives:

- Dissect sensory and motor neural circuits relevant to continence and micturition.
- Explain neuroplastic changes after peripheral or central injury and their clinical implications.
- Explore neuromodulation-induced brain changes as biomarkers of response.

Program:

8:00 - 8:05	Welcome	J. Panicker & T. Kitta
08:05 – 08:35	Neuromodulation and brain response	B. Blok
08:35 – 09:05	Neuroplasticity after SCI & stroke – integration of imaging and histopathology	G. David
09:05 – 09:35	Functional neuroimaging related to bladder sensation	M. de Rijk
09:35 – 10:05	Coffee break	
10:05 – 10:35	Neurocognitive aspects of LUTD	C. Hentzen
10:35 – 11:05	Central effects of sacral neuromodulation	M. Liechti
11:05 – 11:55	Interactive debate: future neuro-targets & trial design	All faculty
11:55 – 12:00	Closing remarks	J. Panicker & T. Kitta

Workshop: Spinal cord injury

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: F. Widia & J. Moreno

Faculty: E. Braschi, Setiono, G. Werneburg, R. Wirawan,

Objectives:

- Provide a multidisciplinary update on acute-to-chronic bladder care in SCI.
- Address surgical reconstruction, autonomic dysreflexia and urological surveillance.
- Discuss rehabilitation pathways and patient-reported outcomes.

Program:

8:00 - 8:05	Welcome	F. Widia
08:05 – 08:30	Early bladder management post-injury	R. Wirawan
08:30 – 08:55	Surgical reconstruction options	E. Braschi
08:55 – 09:20	Managing autonomic dysreflexia	J. Moreno
09:20 – 09:45	Local Indonesian rehabilitation model	S. Setiono
09:45 – 10:15	Coffee break	
10:15 – 10:40	Surveillance imaging & upper tract protection	G. Werneburg
10:40 – 11:30	Case-based breakout groups (traumatic vs non-traumatic SCI)	All faculty
11:30 – 12:00	Closing	All

Workshop: Neuro-urology for nurses

Friday January 23rd 2026, 08:00 - 12:00, Room TBA

Chairpersons: Part 1: K. Önem, A. Afriansyah, M. Mehrad
Part 2: P. Seiler, P. Vasudeva, S. Sivilaiku

Faculty: A. Afriansyah, A. Furruther, M. Mehrad, K. Önem, P. Seiler, S. Sivilaikul, P. Vasudeva

Objectives:

- **Characteristic patterns** of detrusor and sphincter dysfunction in cerebral, spinal and peripheral nerve lesions.
- **Urinary tract infections** – the most frequent complication with neurogenic urinary tract dysfunction: reasons and management, antibiotics only?
- **Catheterization**, with a special lecture on indwelling catheterization and two lectures on intermittent catheterization (European techniques and Indonesian technique)
- **Hands-On-Training** which will give you the opportunity to train the techniques
- **Neurogenic sexual dysfunction in women**, an important and often ignored aspect of neurogenic lesions.

Program:

Part 1	08:00 - 08:05	Welcome and introduction (virtual)	H. Madersbacher
	08:05 - 08:35	Characteristic patterns of neurogenic detrusor and sphincter dysfunction in patients with cerebral, spinal cord and peripheral nerve lesions	A. Afriansyah
	08:35 - 09:05	Urinary tract infections – the most frequent complications in neurogenic lower urinary tract dysfunction – management: antibiotics only?	P. Vasudeva
	09:05 - 09:25	Discussion	
	09:25 – 09:50	Coffee break & skill-station setup	
Part 2	09:50 - 10:10	Indwelling catheterization– advantages and disadvantages	S. Sivilaikul
	10:10 - 10:25	Intermittent catheterization: from the European point of view	P. Seiler
	10:25 - 10:40	Intermittent catheterization: from the Indonesian point of view	A. Afriansyah
	10:40 - 11:40	Hands-On-Training	All faculty
	11:40 - 11:55	Neurogenic sexual dysfunction in women – a topic often ignored	S. Sivilaikul
	11:55 - 12:00	Discussion	

Friday January 23rd 2026, 12:00 - 20:00, Main Lecture Hall

12:00 - 13:00	Lunch	
13:00 - 13:10	Welcome speech	T. Kessler
13:10 - 13:20	Past, present, and future of neuro-urology (virtual)	H. Madersbacher
13:20 - 13:50	<p>Panel Discussion: Neuro-Urology: A global perspective on access and outcomes</p> <p>Moderator: T. Kessler</p>	<p>R. Kirschner-Hermanns</p> <p>L. Liao</p> <p>G. Mosiello</p> <p>Z. Wijiyanti</p> <p>S. Yaiesh</p>
13:50 - 14:05	Upper tract risk stratification: a practical approach	P. Barboglio Romo
14:05 - 14:20	Considerations and management approaches for the devastated urethra	S. Vasavada
14:20 - 14:40	Break	

Friday January 23rd 2026, 12:00 - 20:00, Main Lecture Hall

14:40 - 15:10	Panel Discussion: Robotics in Neuro-Urology Moderator: P. Vasudeva	D. Engeler A. Stillebroer V. Tse
15:10 - 15:25	Artificial intelligence in functional and neuro-urology	G. Werneburg
15:25 - 15:55	Hot Air Balloon Debate: When should urodynamics studies be performed following spinal cord injury? Moderator: C. Konstantinidis	P. Barboglio Romo E. Braschi O. Gross J. Moreno
15:55 - 16:10	How to manage sexual dysfunction: Tips & tricks	V. Birkhäuser
16:25 - 18:00	Poster Sessions (change to session rooms)	
18:15 - 20:00	General Assembly (members only)	

Friday January 23rd 2026, 16:25 - 18:00, Room TBA

Chairpersons: G. David, A. Kanai , U. Mehnert, H. Rahardjo

Faculty: C. Anderson, M. Anwar Irzan, V. Birkhäuser, M. de Rijk, J. Engkasan, T. Kitta, C. Sager, K. Santosa, S. Sivilaikul, Z. Wijayanti, S. Yaiesh

We are pleased to present the abstracts selected for the INUS 2026 Poster Sessions, showcasing innovative and original research in the field of neuro-urology. Following a thorough review process, the abstracts featured on the following pages represent a diverse range of topics and perspectives, reflecting the vibrant scientific exchange that defines our community.

The posters will be presented in person during the congress across four dedicated poster sessions. We invite all participants to view the posters ahead of the session in the foyer area as well as on our website, to engage with the authors, and to explore the latest developments, insights, and future directions in neuro-urological research.

Friday January 23rd 2026, 16:25 - 18:00, Room TBA

Chairperson: A. Kanai

Faculty: M. Anwar Irzan, V. Birkhäuser, M. de Rijk

Author	Title
Fitri Rizkia Putri	Comparison of the Effectiveness of Extracorporeal Shock Wave Therapy and Percutaneous Tibial Nerve Stimulation in Elderly Patients with Idiopathic Overactive Bladder Syndrome
Fabienne Lehner	Intradetrusor abobotulinumtoxinA (Dysport) injections for refractory neurogenic detrusor overactivity incontinence: a promising therapeutic option after failed onabotulinumtoxinA (Botox) treatment
Nazamta Yusfiatuzzahra	The Efficacy and Safety Profile of Sacral Nerve Root Magnetic Stimulation for Neurogenic Lower Urinary Tract Dysfunction: A Systematic Review and Meta Analysis
Muhammad Ivan Pratista	Regenerating Function: Quantifying the Efficacy of Stem Cell Therapy in Neurogenic Bladder — A Systematic Review and Meta-Analysis
Mohammed Hegazy	Reliability of ChatGPT Response in Clinical Decision-making for Neurogenic Bladder Cases: A Preliminary Evaluation of the Compliance with International Guidelines
Mohammed Hegazy	Efficacy of percutaneous tibial nerve stimulation for the treatment of non-obstructive urine retention in adult females

Author	Title
Stephanie A. Stalder	Lower urinary tract sensory evoked cortical potentials during sacral neuromodulation
Inzan Ilmi Kazamzam	Breaking Resistance: Mirabegron's Role in Overcoming Refractory Neurogenic Bladder—A Systematic Review and Meta-Analysis
Inzan Ilmi Kazamzam	Coating the Path to Safety: Systematic Review and Meta-Analysis of Hydrophilic versus Non-Hydrophilic Catheters for Neurogenic Bladder Management
Mahendra Aulia	Effectiveness of High-Intensity Focused Electromagnetic Therapy and Pelvic Floor Muscle Training in Postmenopausal Pelvic Floor Dysfunction: A Systematic Review
Achmad Ilham Nurgina	Computational Discovery of Novel Non-Steroidal Dual-Site Inhibitors of CYP17A1 for Enhanced Androgen Suppression in Castration-Resistant Prostate Cancer
Fanny Aprianti Kuswadi	Histologic Supersession of Macroscopic Assessment: A Meta-Analysis of NeuroSAFE's Impact on Surgical Margin Status and Neurovascular Bundle Preservation in RARP
Branson Thamran	Impact of Micro-Hole Zone Catheters Versus Conventional Eyelet Catheters on Bladder Emptying, Flow-Stops, and Microtrauma in Adults With Neurogenic or Non-Neurogenic Lower Urinary Tract Dysfunction Requiring Clean Intermittent Catheterisation: A Systematic Review and Meta Analysis

Author	Title
Christalino G. F. Legoh	Neuroplasticity-based Rehabilitation for Overactive Bladder Symptoms in Neurogenic Bladder: A Systematic Review
Mathijs de Rijk	Regional Differences in Sensory Afferent Innervation of the Mouse Bladder Wall
Aldy Ridho Pangestu	Genetic Goldmines: How Biobanking is changing the Game in Overactive Bladder Syndrome
Mathijs de Rijk	Integrating Light-Sheet Microscopy and Post-Mortem MRI to Map Human Sacral Spinal Cord Nuclei Involved in Bladder Control
Gergely David	Alterations in brain structure early after spinal cord injury
Nomah Mahnoor	Assessment of somatosensory evoked potentials using a prolonged interstimulus interval to reveal long-latency components
Steven Nanda	Shifting the Current Toward Neuromodulation: Electrical Stimulation as a Therapeutic Strategy for Detrusor Underactivity – A Systematic Review
Lars Michels	Acute resting-state electroencephalography differences between patients with spinal cord injury and healthy controls

Friday January 23rd 2026, 16:25 - 18:00, Room TBA

Chairperson: G. David

Faculty: J. Engkasan, Z. Wijayanti

Author	Title
Sadafumi Tomioka	Predictors of Spontaneous Voiding and Optimal Duration of Clean Intermittent Catheterization in Cognitive Impaired Elderly Women With Urinary Retention
Hisae Nishii	Association between Bedridden Status and Catheter-Related Complications in Patients with Long-Term Indwelling Catheters: A Retrospective Study from a Geriatric Center in Japan
Chua Siew Chien	Hospital to Home CIC Package: A structured Program to facilitate Clean Intermittent Catheterisation in person with Spinal Cord Injury
Kannan Nair	Prevalence of shy bladder syndrome in patients presenting with bothersome lower urinary tract symptoms
Aurellia Shafitri Suryansah	From Pads to Power: High-Intensity Focused Electromagnetic (HIFEM) Therapy for Neurogenic Bladder and Pelvic Floor Dysfunction — A New Frontier in Continence Care: A Systematic Review

Author	Title
Nader Aldossary	The Effect Of Intradetrusor Onabotulinumtoxin A On The Upper Urinary Tract In Moderate And High-risk Neurogenic Bladder Patients: A Comparative Analysis.
Nader Aldossary	Successful Sacral Neuromodulation In Patients With Chronic Complete Spinal Cord Injury: Is There Hope?
Emmanuel Matthew Habinsaran	The Role of Bladder Training Prior to Catheter Removal in Adult Post-Stroke Urinary Retention Patient: A Systematic Review
Emmanuel Matthew Habinsaran	Does a Clamp/Unclamp Protocol Improve Post-Catheterization Voiding Success in Adult Post-Stroke Urinary Retention Patient? A Narrative Review
Abhinav	Medsynergy–INUS Neuro-Urology E-Course (2025) Outcomes and the INUS Student Task Force & Mentorship Model
Albert Ciam	The Urodynamics of Discomfort: Which Interventions Actually Reduce Pain and Anxiety? A Systematic Review and Meta-Analysis
Manarul Iman Alfafa Rachman	Who Responds Best? A Meta-Analysis of PDE5 Inhibitor Efficacy in Spinal Cord Injury-Related Erectile Dysfunction Stratified by ASIA Grade and Injury Level

Author	Title
Albert Ciam	Soothing the Bladder: Music Therapy and Adapted Dive Reflex to Improve Urodynamic Accuracy by Reducing Procedural Anxiety
Emmanuel Matthew Habinsaran	The Efficacy of Smoking Cessation on Lower Urinary Tract Symptoms in Men with Benign Prostatic Hyperplasia: A Systematic Review
Jovian Adinata	Association Between Underwear Type and Sperm Parameters Related to Infertility in Reproductive-Age Men
Aldy Ridho Pangestu	Bridging Neural Silence Systematic Review and Meta-Analysis of Brain–Computer Interfaces and Neuroprosthetics for Restoring Bladder Control After Spinal Cord Injury
Lia Purnasari	Severe Urinary Tract Complication due to Late-Onset Tethered Cord Syndrome in a Spina Bifida Occulta Patient: A Case Report
Collene E. Anderson	Assessment completeness of lower urinary tract outcomes in non-urological randomized controlled trials: Lessons from the acute spinal cord injury setting

Friday January 23rd 2026, 16:25 - 18:00, Room TBA

Chairperson: H. Rahardjo

Faculty: T. Kitta, C. Sager, S. Yaiesh

Author	Title
Cristian Sager	Proactive approach in congenital neurogenic lower urinary tract dysfunction (NLUTD) in children.
Cristian Sager	Evolution of vesicoureteral reflux in patients with myelomeningocele in a proactive follow-up protocol
Cristian Sager	Neurogenic bladder due to lipomas and lipomenigoceles
Ilham Satriawan	The Impact of Transcutaneous Tibial Nerve Stimulation on Patient-Reported Outcomes in Overactive Bladder: A Systematic Review and Meta-Analysis.
Cristian Sager	Neurogenic bladder in patients with non-traumatic neonatal spinal cord injury
Muhammad Hanif Arfiananda	Efficacy and Safety of OnabotulinumtoxinA vs Sacral Neuromodulation as Third-Line Treatment for Non-Neurogenic and Neurogenic Urge Urinary Incontinence (UII): A Systematic Review and Meta-Analysis

Author	Title
Adilla Shafryantyo Purnomo	Clinical Efficacy of Extracorporeal Shock Wave Therapy (ESWT) for Erectile Dysfunction: A Systematic Review and Meta-Analysis
Mikha	Comparison of Efficacy and Compliance Between Desmopressin and Enuresis Alarm in Monosymptomatic Enuresis: A Systematic Review and Meta-analysis
Yonatan Adinata	Symptom Improvement After Urodynamic Testing in Overactive Bladder: A Pilot Study
Naufal Nandita Firsty	Focused Evaluation on the Urodynamic in Presence of Detrusor Overactivity among Women with Overactive Bladder – A Systematic Review and Meta-Analysis
Ranna Adjani Herteniza	Modified Transcutaneous Electrical Nerve Stimulation in the Management of Detrusor Underactivity: A Case Report.
Rayhana Yamini	The Etiology and Multidisciplinary Approach in Children with Neurogenic Bladder at Ulin Banjarmasin General Hospital: A Case Series
Ahmad Fathi Rafif Ismail	Effect of Vitamin D Supplementation on Urinary Incontinence Symptoms in Adult Women with Vitamin D Insufficiency: A Systematic Review
Mikael L. Gouwtama	Urolithiasis in Pediatric Neurogenic Bladder Patients: Laser Lithotripsy Outcomes Relative to Metabolic, Anatomic, and Normal Comparators

Author	Title
Kay Chua Rivera	Long-Term Continence and Bladder Function Outcomes in a Large Pediatric and Adolescent Neurogenic Bladder Cohort Managed in a Program with Protocol-Driven Liberal Access to Botulinum Toxin Injections: A Safe and Effective Alternative to Augmentation Cystoplasty
Michael Chua	Impact of Transition Readiness and Demographics on ER-to-Admission Occurrences in Adolescents with Neurogenic Lower Urinary Tract Conditions
Michael Chua	OnabotulinumtoxinA urethral sphincter injections in children with Neurogenic and Myogenic Lower Urinary tract dysfunction: a considerable option to facilitate bladder emptying
Raden Reza Andhika Wicaksono	Efficacy and Safety of OnabotulinumtoxinA in the Management of Refractory Neurogenic Detrusor Overactivity: Systematic Review and Meta-Analysis
Ersee Hera Gratia	Ultrasound-Guided versus Fluoroscopy-Guided Percutaneous Nephrolithotomy in Pediatric Patients: A Systematic Review of Safety and Effectiveness
Eka Asmara Juhan Putra	Progression of Testicular Atrophy in Neglected Bilateral Varicocele and Outcomes after Delayed Varicocelectomy: A Systematic Review

Friday January 23rd 2026, 16:25 - 18:00, Room TBA

Chairperson: U. Mehnert

Faculty: K. Santosa, S. Sivilaikul

Author	Title
Claire Hentzen	Bladder diary in neuro-urology: feasibility, usefulness, and reasons for no completion
Muhammad Arif Hasan	The Effectivity of Pelvic Floor Muscle Training in Managing Erectile Dysfunction post Radical Prostatectomy : A systematic review of randomized controlled trials
Claire Hentzen	Reasons for introducing self-intermittent urinary catheterization and its long-term outcomes in patients with multiple sclerosis: a retrospective study
Ekaterina Korshunova	A New Screening Tool for Neuro-Urological Patients: Sakakibara-Korshunova-Suponeva Scale (SKSS) for Pelvic Function Assessment
Farah Zikra	Rehabilitation Approach to Fecal Incontinence After Anal Reconstruction in a Patient With Hirschsprung's Disease: A Case Report

Author	Title
Jessica Simmons	Gender differences in health outcomes and perceptions among spinal cord injured patients performing intermittent self-catheterization
Jessica Simmons	Influence of healthcare providers on patient choice in intermittent catheter selection: Gender specific insights from a continence care registry
Nadiyya Yasmin	Persistent Neurogenic Bladder and Bowel after Lumbar Disc Herniation- Related Cauda Equina Syndrome: A Case Report
Ihsan Putra	Rehabilitation Programs for Young Adults with Urinary Frequency and Small Bladder Capacity: A Preliminary Evidence-Based Study of Underactive Bladder
Parth Manek	A Rare Presentation Unearthing A Rare Syndrome : Empty Sella Syndrome
Tryfonyuk Liliya	Neurogenic Bladder Management and Predictors of Urological Function Recovery after Combat-Related Spinal Cord Injury
Muhammad Ridho Mubarak	Current Evidence and Future Perspectives of Botulinum Toxin in Neurogenic Bladder: A Systematic Review
Rangga Juliar Adista	Efficacy of Lycopene for the Improvement of Urinary Tract Symptoms in Patients with Benign Prostatic Hyperplasia: A Systematic Review

Author	Title
Narpati Wesa Pikatan	Rehabilitation Interventions for Sexual Function and Incontinence After Prostate Surgery: A Systematic Review
Stephanie Theodora Yulinda	Effect of Neuromuscular Electrical Stimulation on Post-Void Residual in Detrusor Underactive Bladder: A Comparative Study
Stephanie Theodora Yulinda	Rehabilitation During Hemodialysis: Impact of Intradialytic Exercise on Barthel Index and Quality of Life
Aaron Sihombing	Symptom Patterns, Not Just Prevalence: An Exploratory Analysis of Voiding Dysfunction After Cortical and Subcortical Stroke
Ahmad Ma'ruf Muttaqin Aminanto	Impact of Urethral Stricture History on Outcomes After Fixed Male Sling Implantation for Postprostatectomy Incontinence: A Systematic Review and Meta-Analysis
M. Fahmi Rosyidi	Association of Early Urodynamic Assessment Post-Traumatic Brain Injury with the Prevention of Urological Complications: A Systematic Review
Anton Majendra	The Association of Spinal Cord Injury Level with the Severity of Neurogenic Detrusor Overactivity: A Systematic Review of Urodynamic Evidence

Saturday January 24th 2026, 08:00 - 18:00, Main Lecture Hall

8:00 - 9:00	<p>Panel discussion: Pediatric neuro-urology:</p> <p>A) Challenging cases in pediatric neuro-urology</p> <p>B) Transitional care: How to optimize the Handoff from the pediatric to adult neuro-urological clinic</p> <p>Moderator: C. Sager</p>	<p>G. Mosiello</p> <p>S. Kotes</p> <p>S. Yaiesh</p> <p>B. Witte</p>
9:00 - 9:15	Lower urinary tract function and aging	L. Birder
9:15 - 9:30	Advancing Understanding of Female Pelvic Anatomy: Implications for Neuro-Urological Practice	H. O'Connell
9:30 - 10:00	Break	
10:00 - 10:30	<p>Panel discussion: Red flags in neuro-urology & when to suspect a neurological cause of LUTD</p> <p>Moderator: D. Vrijens</p>	<p>C. Konstantinidis</p> <p>L. Liao</p> <p>P. Vasudeva</p>

Saturday January 24th 2026, 08:00 - 18:00, Main Lecture Hall

10:30 - 11:00	Hot Air Ballon Debate: Clinical Conundrum in Neuro-Urology Moderator: J. Panicker	S. Musco S. Sinha K. Önem F. Widia
11:00 - 11:30	Interdisciplinary considerations: neuro-uro-cardiovascular axis and autonomic dysreflexia	A. Krassioukov J. Lazar
11:30 - 11:45	Interdisciplinary considerations: neuro-uro-psychiatric axis	J. Stone
11:45 - 12:00	ICS Lecture: Drug side effects on lower urinary tract, sexual and bowel function	S. Sinha
12:00 - 13:20	Lunch	
13:20 - 15:20	The Future in Neuro-Urology: Young Talents Competition	U. Mehnert
15:20 - 16:00	Break	

Saturday January 24th 2026, 08:00 - 18:00, Main Lecture Hall

16:00 - 16:15	AAU Lecture: Current Status of Stone Disease Management in Limited Resource Settings	M. Mehrad
16:15 - 16:45	<p>Panel Discussion: Artificial urinary sphincter in the neuro-urological population - special considerations, technique and outcomes</p> <p>Moderator: J. Moreno</p>	<p>R. Kirschner-Hermanns L. Liao C. Sager J. Truzzi G. van Koevinge P. Vasudeva</p>
16:45 - 17:00	Neurophysiological conditions and lower urinary tract symptoms	C. Hentzen
17:00 - 17:15	Neural control of the lower urinary tract: how physiological insights are driving innovation	B. Blok

SCIENTIFIC PROGRAM SATURDAY

Saturday January 24th 2026, 08:00 - 18:00, Main Lecture Hall

17:15 - 17:45	Panel: Nightmares in neuro-urology Moderator: S. Musco	P. Barboglio Romo M. Mehrad V. Tse S. Vasavada
17:45 - 18:00	Closing speech	T. Kessler

International Participants

Type	Early Bird*	Regular	Onsite
Full Meeting	€ 550	€ 650	€ 700
INUS Members	€ 440	€ 520	€ 560
Nurses & Physiotherapists	€ 250	€ 300	€400
Residents & PhD Students	€ 300	€ 400	€ 450
Nurse Workshop Only	€ 120	€ 150	€ 190
Company Representatives*	€ 550	€ 650	€ 700
Workshop participation fee	€ 120	€ 150	€ 190



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The registration fees include access to the congress main program, refreshments and lunches. Hands-on workshops can be booked separately with a valid congress registration. Please be aware that workshop seats are limited. *Early Bird rates are applicable until September 30th 2025 (MET).

Local Participants

In cooperation with our local partner societies - the Indonesian Urological Association and the Indonesian Continence Society - we offer special registrations rates for Indonesian healthcare professionals. Please contact Rosa Mandasari, MD by e-mail (id.inus2026@gmail.com) or phone (+6282225312527) to register now.

Type	Symposium only	Symposium + Workshop(s)
Specialist	IDR 2.000.000	IDR 5.000.000
Resident / GP	IDR 500.000	IDR 1.000.000
Nurses & Physiotherapists	IDR 500.000	IDR 1.000.000

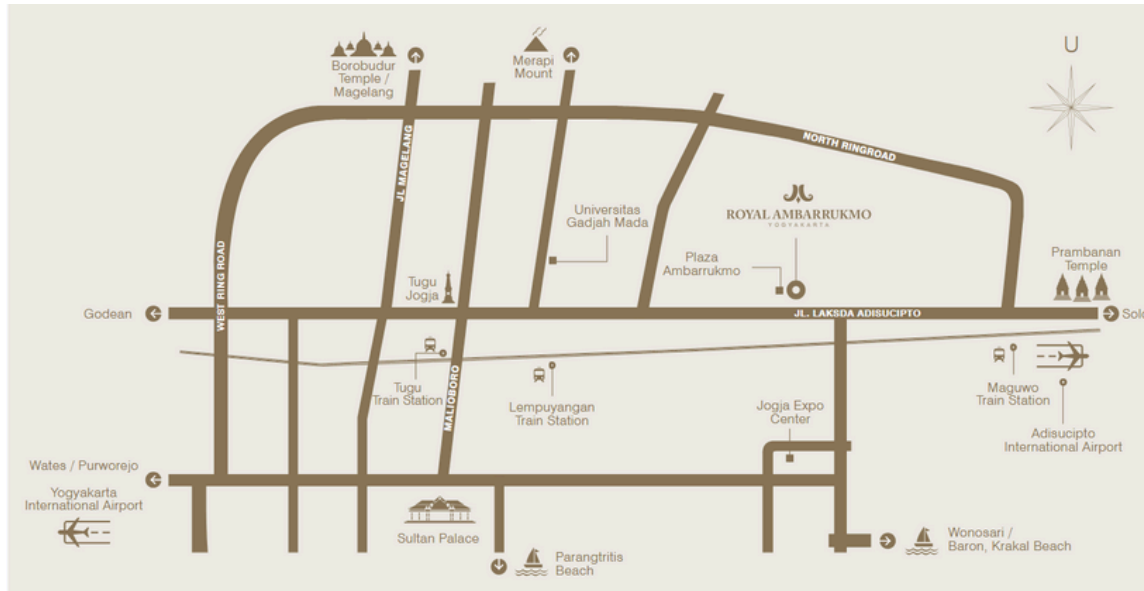
The registration fees include access to the congress main program, refreshments and lunches. Hands-on workshops can be booked seperately with a valid congress registration. Please be aware that workshop seats are limited.



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